

# I Speak Life Over Me!

Positive Affirmations for Kids • Bright Words for Strong Hearts

At Hall's Academy, we create bright, practical tools that help children grow in confidence, leadership, and smart decision-making.

## How to Use This

Read these affirmations out loud in the morning, before school, before practice, or anytime your child needs a boost of confidence.

## My Positive Affirmations ■

I am smart.	I am brave.	I am kind.
I can learn.	I can grow.	I can lead.
I am strong.	I am capable.	I can do hard things.
I make wise choices.	My voice matters.	I keep trying.
I am respectful.	I am creative.	I am a problem-solver.

## My Favorite 3 ■

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Create Your Own Affirmation ■

I am \_\_\_\_\_ and I can \_\_\_\_\_.

## Hall's Academy Encouragement

What children say about themselves matters. Positive words build strong hearts, strong minds, and strong leaders.